

The Benefits of Feeding Your Cat Wet Food

Water is the forgotten nutrient and the most important nutrient for your cat . Cats are designed to eat meat which has a moisture (water) content of around 70-75%. Unlike dogs, cats have a poor thirst drive which means even when fed a low moisture diet and given free access to fresh water cats may not consume adequate amounts of water. This will result in highly concentrated urine, which can be a contributing factor to issues such as Feline Lower Urinary Tract Disease.

The following summarizes additional benefits of feeding your cat a combination of a wet and dry food diet:

Urinary Tract Health — When you feed your cat wet food, it can increase your cat's water intake, resulting in more urine production. The higher water volume dilutes the urine while increasing the frequency of urination — both of which can help minimize the formation of mineral crystals or urinary stones, supporting good urinary tract health.

Weight Management/Healthy Metabolism — Studies from The Waltham Centre for Pet Nutrition have shown that when cats are fed a high-moisture diet, they eat less food, decrease weight and increase activity levels compared to cats fed only a dry cat food diet. Wet food provides a healthy balance of proteins, fats and carbohydrates, helps satisfy a cat's instinctive feeding behavior and helps maintain a healthy metabolism.

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Eating Enjoyment — When given a choice, cats prefer to eat a mixture of both wet and dry foods compared to dry only. Wet food is shown to increase enjoyment and add variety to a diet because of the wide selection of protein sources and textures. On the other hand, dry food satisfies the desire to eat many small meals throughout the day.